

Checklist of Self-Management Skills

Student: _____ School: _____
 Date Completed: _____ Completed by: _____

Directions: Please place a check mark (✓) in the box next to the behavioral characteristic that is currently being displayed by this student on a frequent, recurring basis.

In-Class Behaviors	
<input type="checkbox"/> Initiates tasks/assignments/discussions <input type="checkbox"/> Works a sustained period of time <input type="checkbox"/> Completes tasks, assignments <input type="checkbox"/> Self-disciplined <input type="checkbox"/> Self-corrects when redirected <input type="checkbox"/> Follows oral directions <input type="checkbox"/> Contributes to class, participates <input type="checkbox"/> Follows written directions <input type="checkbox"/> Participates appropriately <input type="checkbox"/> Stays within boundary limits <input type="checkbox"/> On time to class <input type="checkbox"/> Attends school regularly	<input type="checkbox"/> Requires prompt to begin task <input type="checkbox"/> Frequently off-task, redirection <input type="checkbox"/> Tasks frequently incomplete <input type="checkbox"/> Requires Behavioral Intervention Plan <input type="checkbox"/> Requires repeated redirections <input type="checkbox"/> Difficulty following oral directions <input type="checkbox"/> Difficulty following written directions <input type="checkbox"/> Does not participate, requires prompts <input type="checkbox"/> Calls out, disrupts others <input type="checkbox"/> Frequently out of seat, out of area <input type="checkbox"/> Frequently tardy <input type="checkbox"/> Frequently absent
Organization Skills	
<input type="checkbox"/> Begins next activity immediately <input type="checkbox"/> Is prepared for class <input type="checkbox"/> Organized, uses proactive strategies <input type="checkbox"/> Asks questions, requests help <input type="checkbox"/> Completes home assignments <input type="checkbox"/> Works independently	<input type="checkbox"/> Requires prompt to begin new task <input type="checkbox"/> Does not have materials, supplies <input type="checkbox"/> Needs frequent reminders, unorganized <input type="checkbox"/> Does not ask for assistance <input type="checkbox"/> Does not complete, turn in, homework <input type="checkbox"/> Disrupts others, distracts or is distracted
Interpersonal Skills	
<input type="checkbox"/> Works cooperatively with peers <input type="checkbox"/> Works cooperatively with adults <input type="checkbox"/> Cooperates with authority figures <input type="checkbox"/> Stops behavior when told to do so <input type="checkbox"/> Listens attentively to staff <input type="checkbox"/> Accepts criticism, feedback <input type="checkbox"/> Asks for assistance or help <input type="checkbox"/> Solves interpersonal conflicts	<input type="checkbox"/> Does not cooperate with peers <input type="checkbox"/> Difficulty with instructional staff <input type="checkbox"/> Difficulty with authority figures <input type="checkbox"/> Needs frequent behavioral prompts <input type="checkbox"/> Easily distracted, frequently "daydreams" <input type="checkbox"/> Argues, blames others, pouts, whines <input type="checkbox"/> Does not seek help from others <input type="checkbox"/> Frequent interpersonal conflicts